

The Story of My Cultural Journey . . .

Instructions: Brainstorm answers to each question in the space below. Knowing what you do about your cultural journey, draw it as best you can.

1. As far as you know, who were “your people” before coming to this country? What are the roots of your heritage?
2. Why and how did your ancestors come to the United States?
3. Where and how did they live when they arrived here? What realities, experiences, values shaped your people in this country? What were some significant turning points for your family of heritage during their journey?
4. What were some early events that influenced your identity?
5. Who were “your people” when you were growing up? How did you become aware of this? What impact did being a part of this group have on you?
6. Who were the people on the outside of your group? How did you feel toward them? What events influenced your feelings?
7. What were some significant turning points for you during your journey?
8. Who are “your people” now — those reference groups with whom you now identify?